

"BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.

Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for women's ailments I ever saw."—Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did.

Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.

EAST MONTPELIER

Tax Rate of \$2.50 Was Fixed at Tuesday's Meeting.

At the town meeting Tuesday the following officers were elected: Moderator, Harry Daniels; clerk and treasurer, Clark Sibley; selectman for three years, R. L. Collins; road commissioners, W. A. Lapoint and Charles Jellison; school director for three years, Walter Little; lister for three years, W. E. Benjamin; overseer of the poor, Harry Daniels; constable, W. R. Cooley; grand juror, H. J. Conant; auditor, L. W. Sibley. Rate of taxation, \$2.50, divided as follows: Highway \$1.50, school \$1.00, contingent fund \$0.50. License vote, No 23, yes 0.

MEAT CAUSE OF KIDNEY TROUBLE

Take a Glass of Salts if Your Back Hurts or Bladder Bothers—Meat Forms Uric Acid.

If you must have your meat every day, eat it, but flush your kidneys with salts occasionally, says a noted authority, who tells us that meat forms uric acid, which almost paralyzes the kidneys in their efforts to expel it from the blood. They become sluggish and weaken, then you suffer with a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach aches, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine gets cloudy, full of sediment, the channels often get sore and irritated, obliging you to seek relief two or three times during the night.

To neutralize these irritating acids, to cleanse the kidneys and flush off the body's urinous waste, get four ounces of Jad Salts from any pharmacy here; take a tablespoonful in a glass of water before breakfast for a few days, and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate sluggish kidneys, also to neutralize the acids in urine, so it no longer irritates, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure, and makes a delightful effervescent lithia-water drink.—Adv.

WEST BROOKFIELD

Leroy Wakefield has gone to his son's, Lewis Wakefield, and Reuben Norman is helping care for him.

Mrs. George Wakefield and Varrell went Monday for a visit with relatives in Kittery, Me.

Mrs. J. W. Untiedt was called to Ti-conderoga Saturday by the illness of her daughter, Jennie.

Earl Fullam has finished work for John Blanchard and is at home.

Stillman Blanchard has purchased the Barrows house and has moved in.

Public Should Demand Original Nuxated Iron

Physician Warns Against Danger Of Accepting Substitutes—Says That Ordinary Metallic Iron Preparations Cannot Possibly Give The Same

Strength, Power, and Endurance As Organic Iron—Nuxated Iron

The remarkable results produced by Nuxated Iron and its widespread sale (it being estimated that over three million people annually are today using it) has led to the offering of numerous substitutes, and these physicians mentioned below say that health officials and doctors everywhere should caution the public against accepting substitutes for Nuxated Iron, as these substitutes instead of bringing about the desired results, may in some cases produce more harm than good. Those who feel the need of a strength and blood builder, should go to their drug stores and demand the original Nuxated Iron—present this to their druggist so that there may be no question about obtaining the proper article. But if they do not wish to go to the trouble of getting a prescription for Nuxated Iron then they should be sure to look on the label and see that the words NUXATED IRON are printed thereon.

There are thousands of people taking iron who do not distinguish between organic iron and metallic iron and such persons often fail to obtain the vital energy, strength and endurance which they seek simply because they have taken the wrong form of iron. If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength and see how much you have gained.

Manufacturers' Note: The widespread publication of the above information has been suggested by Dr. James Francis Sullivan, formerly physician of the Boston Hospital, and now of the Boston City Hospital, who writes: "Nuxated Iron is a blood builder, but one which is well known to druggists. Unlike the other, inorganic iron products it is easily assimilated, does not irritate the bowels, and makes them more active. The manufacturers guarantee its purity and its safety for all ages, and every purchaser of it will find it a most satisfactory remedy in all cases of iron deficiency."

Under the auspices of the Daughters of Liberty, W. R. Carbee presents Wallace Reid in "Fireside of France." Don't forget the date, March 7, at opera house, Promenade and dance after show.—adv.

BETHEL

Town Proposes to Honor Bethel Soldiers in the War.

About 200 voters attended town meeting, including about 30 women. Mrs. C. G. Clifford, president of the Woman's club, the first woman to take a prominent part in a Bethel town meeting, secured an appropriation of not more than \$300 toward the purchase of a new piano for the town hall, the club to pay the rest of the purchase price. General license was voted down, 135 to 74, and druggists' license, 124 to 82. The only new officers elected were Rev. W. C. Harvey, auditor for one year, and John S. Kimball, second grand juror. Every officer was elected without opposition. A town tax of \$1.35 and town school tax of 85 cents were voted.

The town appropriated \$1,000 for selected highways, \$200 for libraries and \$50 for Memorial day. The town directed the selectmen to ascertain the cost of erecting a memorial tablet with a list of Bethel soldiers, and by another resolution directed the town clerk, with the approval of the selectmen, to enter upon the town records the names of men from Bethel in the service and a separate list of natives of Bethel in the service from other towns. R. J. Flint was re-elected moderator, treasurer and trustee of public money; Guy Wilson, clerk; A. Lee Cady, selectman and overseer of the poor; G. S. Harlow, lister; J. A. Graham, auditor; P. A. Bowen, road commissioner; John J. Wilson, agent; F. H. Chamberlain, cemetery commissioner; F. C. Putnam and F. S. Blossom, jr., constables; C. D. Cushing, grand juror; W. R. Briggs, collector; G. E. Dearing, town school director.

Mr. and Mrs. F. G. Coffin returned yesterday to the home of Mrs. Coffin's parents, Mr. and Mrs. A. L. Lincoln, after an absence of eight months, most of which was spent in Tiffin, O. They came directly from Perth Amboy, N. J., where they had been only a short time.

Bennett O. Johns of the army commissary department, is here for a furlough from Fort Wood, N. Y.

The Universalist ladies made a profit of \$30 from their dinner served on town meeting day.

Pvt. Stephen Tupper of Lebanon, N. H., reported slightly wounded in yesterday's list of army casualties, was a Bethel boy some years ago.

John Gay, jr., entertained a large party of his young friends Monday evening, his 10th birthday having occurred on Sunday.

Mr. and Mrs. Myrtle H. Edmunds and their daughter, Edna, of Chittenden, visited relatives here last Saturday.

Miss Abbie Whitcomb and Mrs. F. E. Martell are visiting the Boston millinery market.

Mr. and Mrs. Fred E. Rogers are with relatives in Middlebury this week. They have rented Jesse Howlett's house and will occupy it soon.

The north part of the town, hitherto free from influenza, now has five cases, including those of Mrs. M. H. Rix and her daughter, which have developed pneumonia.

Mrs. C. C. Abbott of Underhill is visiting her sister, Mrs. Ellen Gilson.

Thomas J. Boynton of Everett, Mass., U. S. district attorney, recently visited the Jennie Bascom.

The eighth grade, accompanied by Miss Frances Dyer, the teacher, attended town meeting.

Now syrup from the fine run of sap which occurred the last three days, was served on many tables yesterday. The run is the earliest in several years. In Bethel the town meeting seldom is held while sap buckets run over.

NORTH CALAIS

L. C. Parker and W. S. Dailey of Adamant were in the place Friday.

Mr. and Mrs. Milford Earle of Springfield, Mass., are visiting relatives here for a few days.

Several from here attended the play at North Montpelier Friday night. All report a fine time.

Mrs. Etta Jackson was called to Maple Corner recently on account of the serious illness of her mother, Mrs. Barton.

Mr. and Mrs. Ellery Young were in Hardwick Monday.

Sidney Nelson was in Hardwick Saturday.

J. M. Earle of Barre is visiting at the home of his son, Sidney, for a few days.

Lemuel Holden of Montpelier was in town Friday and Saturday.

Mrs. Dora Lawson received the sad news recently of the death of her sister, Mrs. Julia Morris, in Cabot.

Mr. and Mrs. Pearly Fifeled were in Cabot Tuesday to attend the funeral of his sister, Mrs. Gladys Wood.

Nelson Smith has come to work for Merne Hawkins in East Calais.

Mr. and Mrs. Jerry Loungue spent the week end with friends in Barre.

Mrs. Joe Sisely returned home Saturday after spending several days in Middlebury.

Alfred Goodell of Claremont, N. H., is in town for a few days.

Leon Ellis of North Montpelier was at Wilbur Parker's Monday.

Hiland Holmes was in Hardwick on Monday.

SICK HEADACHES ENDED WHEN SHE USED THIS TONIC

Massachusetts Resident Freed from Torture by the Treatment So Many Recommend.

Victims of sick headaches frequently spend years experimenting with all sorts of pain deadening remedies in efforts to free themselves from torture. In cases of violent headache, the stomach is often upset, vomiting occurs, light and noise add to the pain, loss of memory sometimes takes place, and the victim is forced to take to his bed.

Medical authorities, in treating attacks of this kind, recommend that a remedy should be used that will be directed at the removal of conditions causing the attacks. The mere deadening of the pain by drugs can give only temporary release from pain and will not guard against a recurrence of the attacks. These headaches are caused, in a great many cases, by thin blood, which leaves the nerves undernourished. A builder that restores the blood and thus affords nourishment for the starving nerves will bring relief.

These conditions are illustrated in the case of Mrs. Eli Russett of No. 18 Nelson street, North Adams, Mass., who was a victim of anemia for many years. "Sick headaches that lasted for several days at a time were the first symptoms of an anemic condition," she says. "At times I had spells of melancholia and felt very nervous. I could not sleep well and was as tired in the morning as at night. My appetite was very poor and very often I had vomiting spells."

"For many years I had heard of Dr. Williams' Pink Pills and decided to try them. One box brought back my color, and I could see a general improvement. I took eight boxes in all."

"The headaches are entirely gone now, and my stomach gives me no trouble. I rest well and am refreshed by my sleep. Dr. Williams' Pink Pills are a wonderful tonic, and I am glad to recommend them whenever I have a chance."

Your own druggist sells Dr. Williams' Pink Pills, or they will be sent by mail, postpaid, on receipt of price, 50 cents per box; six boxes for \$2.50, by Dr. Williams Medicine Co., Schenectady, N. Y. Write to-day for the free booklets, "Building Up the Blood," and "Diseases of the Nervous System."—Adv.

BROOKFIELD

Ruell Abbott of Bethel came Wednesday and stayed till Thursday with his parents, Mr. and Mrs. I. N. Abbott.

F. O. Ralph, representative from Brookfield in 1917, attended the reunion of the legislature of that year, held in Montpelier last Thursday evening, Feb. 27.

Mrs. M. E. Chase and son, Alton, went to Springfield, Mass., last week. Alton returned home Monday. Mrs. Chase stays one more week with her husband, M. E. Chase, who has employment there, and she also will visit her daughter, Mrs. Herbert Holmes, and family.

Messrs. Gladden and Prosper, who have purchased the C. C. Lewis farm, have taken possession. Mr. Lewis has moved his family to their house at the Center.

Mrs. L. W. Morse was summoned to Barre hospital last week to see her father, J. W. Parmenter, who was not so well, but is at this writing more comfortable.

William Haggett, who has been suffering with a quincy sore throat the past two weeks, is now convalescing.

Walter Grout moved his family to East Braintree last week.

William Dowdell of Hancock visited his sister, Mrs. Jennie Smith, last week. Frank Kidder, who left his farm last fall, and went to Randolph to spend the winter, moved back to the farm Monday.

Eugene Warden of Randolph was in town several days last week, doing work for L. W. Morse.

There were 24 present at the annual dinner and roll call of the Second church Tuesday. Rev. Fraser Metzger and Mr. Tewksbury of Randolph were present. In the absence of our pastor, Rev. Metzger was elected moderator; clerk, A. G. Bigelow; treasurer, A. G. Dutton; auditor, A. G. Bigelow. Deacon L. L. Stone having moved out of town and his term of deaconship expiring at this time, it was voted not to elect a third deacon until some future time.

A special meeting could be called for that purpose. C. C. Stone was elected Sunday school superintendent. There were five appointed to do evangelistic work—Supt. C. C. Stone, Deacon E. A. Gaylord, L. W. Morse, Deacon A. G. Dutton and A. G. Bigelow.

WELLS RIVER

The Red Cross, Wells River branch, has shipped to Boston between Jan. 1 and March 1, the following goods: Twenty pair socks, 30 convalescent gowns, 2 layettes, 30 boys' undershirts, 8 sweaters, 1 pair wristlets, 20 morning jackets, 50 boys' blouse suits. There is a call for mufflers and boys' socks to be knitted. Yarn may be obtained at the Red Cross rooms on Fridays or from the chairman.

The rooms will be open from now on only on Fridays.

Mrs. George Symes entertained a few ladies Saturday afternoon, it being her birthday. Her sister, Mrs. Ned Symes of Ryegate, was guest of honor, and remained over Sunday.

Miss Cora Page of Essex will spend the remainder of the year with her sister, Mrs. Learned Smith.

Miss Ella Munsell is visiting relatives in Highgate.

Rev. Donald Fraser addressed the Study club Monday evening on "A Review of War Literature." Mrs. John Thomas was hostess.

George Geerwar, wearing his gold stripes for service abroad, also his wound stripes, is back home again. He saw active service from the time he left with the 26th until his recent return. He went through the drive of St. Mihiel, Chateau Thierry, Cantigny and others that the 26th took part in.

Mr. and Mrs. Fern Haselton of Springfield were the recent guests of their mother, Mrs. Fred Myers.

Annie Miller, a nurse at Mary Fletcher hospital, Burlington, was operated on for appendicitis at the hospital. Her mother, Mrs. Miller, of this place, went over.

The Woman's Relief corps gave a card party Wednesday evening. A good crowd was in attendance and a nice time enjoyed. Light refreshments were served.

Thomas Rowden was a visitor in Boston the latter part of last week.

Mr. and Mrs. Otto Teuber and son are visiting relatives in Lawrence, Mass.

PLAINFIELD

Under the auspices of the Daughters of Liberty, W. R. Carbee presents Wallace Reid in "Fireside of France." Don't forget the date, March 7, at opera house, Promenade and dance after show.—adv.

RANDOLPH

Women Took a Lively Interest in Town Meeting Doings.

The March meeting was well attended on Tuesday, there being quite a large number of voters present, among whom were quite a company of women, the most of whom had taken the freeman's oath and were qualified to vote. Provision was made to give all who desired the oath, and the ladies entered into the work heartily. The meeting was called to order and N. L. Boyden was elected moderator. Mr. Boyden, though well past 80 years, presided with honor to himself, and the meeting moved along smoothly, and the business was done in good order. R. F. Briggs was elected clerk, and the several reports of the officers were received and accepted. A. A. Gilman was elected selectman for three years and Clarence Webster, selectman for one year to fill out the unexpired term of C. C. Gifford, resigned. Frank Williams was elected lister for three years, and W. S. Bryant road commissioner. Auditor was A. A. Priest; A. H. Beedle, overseer of the poor and collector; D. D. Howe, first constable; E. F. Briggs, treasurer; E. A. Thomas, trustee of public money, and the other officers were much the same as last year. One thousand dollars was voted to take advantage of the state aid law, and \$300 for highway purposes. One thousand dollars was voted for library purposes, and \$75 for Memorial day. The license vote was 35 yes, 80 no. For fifth-class license, 35 yes, 79 no. A tax of 100 cents was voted to pay the current expenses, and 30 cents for highway purposes.

Mr. and Mrs. Malcolm Warwick of Windsor arrived here on Tuesday for a short visit with their parents, Mr. and Mrs. W. W. Brown.

Mrs. Nellie Morse of Waterbury arrived here on Tuesday for a short stay with her daughter and husband, Mr. and Mrs. Ernest McIntosh.

Clarence Webb was in town Tuesday, coming to see his father, Lucius Webb, at the sanatorium. Mr. Webb is somewhat more comfortable, but is in a serious condition, and his daughter, Mrs. Arthur Hollins, of Winchester, Mass., has been summoned, and Commander De Witt of South Carolina has also been called and is expected.

Mrs. John Jacobs of Braintree came Tuesday and was the guest of her mother, Mrs. Mattie Copeland, at the inn for a short visit.

The local Odd Fellow lodge held their regular meeting on Monday evening with a good attendance, and at this time decided to observe the coming anniversary in April with a banquet, which was to be given free to all Odd Fellows and Relatives.

GIRLS! HAVE WAVY, THICK, GLOSSY HAIR FREE FROM DANDRUFF

Save Your Hair! Double Its Beauty in a Few Moments—Try Them!

If you care for heavy hair, that glistens with beauty and is radiant with life; has an incomparable softness and is fluffy and lustrous, try Danderine.

Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff; you cannot have nice, heavy, healthy hair if you have dandruff. This destructive scurf robs the hair of its luster, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; then the hair falls out fast.

If your hair has been neglected and is thin, faded, dry, scraggy or too oily, get a small bottle of Knowlton's Danderine at any drug store or toilet counter for a few cents; apply a little as directed, and ten minutes after you will say this was the best investment you ever made.

We sincerely believe, regardless of everything else advertised, that if you desire soft, lustrous, beautiful hair and lots of it—no dandruff—no itching scalp and no more falling hair—you must use Knowlton's Danderine. If eventually—why not now?—Adv.

SOUTH BARRE

Mrs. Hans Nelson is doing well at a hospital in Montreal, where she underwent an operation on her hip a week ago.

Ira Jackson and Russell Cutler are sick with the mumps.

Charles H. Adams and daughter, Ruth, of Allen Grove, Wis., are visiting his sister, Mrs. G. H. Adams.

Wilbur Cutler is very sick with pneumonia.

Card of Thanks.

We wish to thank our neighbors and many friends for their many kindnesses and sympathy during our recent bereavement.

Mr. and Mrs. Leslie Carpenter and family.

Mr. and Mrs. G. A. Morris.

Cabot, Vt.

Please, Mother! It's Nasty!

Give Me a Candy Cascaret!

TO MOTHERS! Instead of the dreaded dose of castor oil, drops, calomel or pills, give your children Cascarets and save money, worry and trouble. Children love Cascarets because they taste like candy. Nothing else acts so gently but surely on the child's little stomach, liver and bowels.

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The Invisible Conflict

From the moment of birth—and before—until the hour of death, there is going on within the body a constant conflict, unseen and usually unfelt, between forces that seek to defend, and others that strive to destroy.

Germs that enter from without are attacked and destroyed by the living guardians in the blood, the white blood cells or phagocytes. Poisons generated within seek entrance into the blood and are removed or destroyed by the functions of the intestines, liver and kidneys.

Food waste allowed to stagnate and remain in the intestines, unevacuated, poisons the blood and destroys its power to defend against outside or inside enemies. Such self-poisoning causes over 90% of human illness.

Constipation turns the tide of the invisible conflict against the body, in favor of the invaders. Nor does the taking of castor oil, pills, salts, mineral waters, etc., to force the bowels to move enable the

body to defend itself. Not only will the constipation grow worse with the continuance of such remedies but the dose must be constantly increased with an ever-weakening effect.

On the other hand Nujol overcomes constipation and brings about the habit of easy, thorough bowel evacuation at regular intervals, because Nujol is not a drug, does not act like any drug. Nujol brings about a return to Nature's methods by supplying necessary lubrication of the bowel contents, by facilitating intestinal muscular action, by absorbing poisonous matter, and thus securing necessary cleansing of the intestinal canal and protection of the defensive properties of the blood itself.

Get a bottle of Nujol from your druggist today and send coupon for free booklet—"Thirty Feet of Danger."

Warning: Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Nujol Laboratories
STANDARD OIL CO. (NEW JERSEY)
50 Broadway, New York



Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York. Please send me free booklet "Thirty Feet of Danger"—constipation and auto-intoxication in adults.

Name _____
Address _____

NORTH RANDOLPH

Mrs. Will Labelle is at the hospital at Hanover for an operation.

Margaret Taft had an operation for appendicitis last Thursday at the Randolph sanatorium.

Mrs. Donald Ferris spent last week with her husband in Windsor, as her

school at East Brookfield was closed on account of one case of scarlet fever. Mrs. C. E. Taft spent part of last week with her sister in Randolph. Mrs. Arthur Carpenter had an operation last Wednesday at the Randolph sanatorium. Guy Fletcher has been suffering from an abscess.

THE LENOX and THE BRUNSWICK



A richer luxury, a greater comfort has been added to the quiet stately dignity of this charming hostelry through remodeling and new furnishings of rare beauty.

The Brunswick
In Copley Square, Boston

Two Boston Hotels ruled by a single thought SERVICE

L. C. PRIOR, President

COMBINING the convenience of nearness to the best shops, the theatre and the train is found that correctness in appointment and service that makes dining here a real joy.

The Lenox

In fashionable Back Bay, Boston



Farmer Bradbury Has Something to Tell



D. R. Bradbury

David R. Bradbury, of 57 East street, Barre, Vt., who is a well-known farmer, says: "I suffered for 20 years with stomach and kidney trouble. I was dizzy and had headaches, and I had a cough so I would have to hack up mucus. I had rheumatism in my joints and muscles, and I would get lame all over. My kidneys

bothered me. I was nervous and I would tremble, and I felt miserable most of the time."

Ask Farmer Bradbury about Goldine and what it is doing for him. Scores of Barre people have used Goldine and are now loud in its praise. They would not tell their best friends about Goldine if they did not think it was a medicine with real merit. You are not experimenting when you take Goldine; you are only doing what hundreds have done who know Goldine is the only medicine that ever helped them.

Goldine is sold in Barre by Cummings & Lewis and all leading dealers throughout the section, including the towns of East Barre, S. Barre, Westerville, Graniteville, Williams-town, Washington, W. Topsham and Brook